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Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Chicken poppers - 1 Serving	6.95	783Kcal	 WHEAT  MILK		
Bang Bang Cauliflower - 1 Serving	6.95	248Kcal	 SOYA		 VEGETARIAN  VEGAN
Calamari - 1 Serving	6.95	599Kcal	 WHEAT  EGGS  MILK  MOLLUSCS		
King Prawns - 1 Serving	8.95	811Kcal	 WHEAT, RYE  CRUSTACEANS	 OATS, BARLEY  WALNUTS  MILK  SESAME	
Lamb Kofta - 1 Serving	7.95	331Kcal	 WHEAT  MILK		
Chorizo, pepper & Halloumi skewers - 1 Serving	5.95	548Kcal	 WHEAT  MILK		
Burrata salad - 1 Serving	7.95	241Kcal	 MILK		
Large Nachos - 1 Serving	14.95	1285Kcal	 WHEAT  EGGS  MILK	 SESAME	
Houmous - 1 Serving	6.95	893Kcal	 WHEAT  SESAME  SULPHITES		
6 piece Chinken wings - 1 Serving	7.95	649Kcal	 EGGS  MILK  MUSTARD	 SESAME	
12 piece chicken wings - 1 Serving	13.95	1253Kcal	 EGGS  MILK  MUSTARD	 SESAME	
18 piece chicken wings - 1 Serving	£18.95	1599Kcal	 EGGS  MILK  MUSTARD	 SESAME	
Fish & Chips - 1 Serving	16.95	1698Kcal	 WHEAT  EGGS  MILK  FISH  CELERY  MUSTARD	 SOYA	
Extra Bacon - 1 Serving	1	50Kcal			

Cheese burger - 1 Serving	14.95	1664Kcal	 WHEAT, RYE  EGGS  MILK  CELERY  SULPHITES	 SESAME	
Thai Vegetable curry - 1 Serving	14.95	735Kcal			 VEGETARIAN  VEGAN
Lemon and herb Half chicken - 1 Serving	14.95	1780Kcal	 EGGS  MILK  CELERY		
Meatless Burger - 1 Serving	14.95	1446Kcal	 WHEAT, BARLEY, RYE  EGGS  CELERY	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  SESAME	 VEGETARIAN  VEGAN
Southern fried chicken burger - 1 Serving	14.95	1717Kcal	 WHEAT, RYE  EGGS  MILK  CELERY	 SESAME	
Superfood salad - 1 Serving	12.95	453Kcal	 CELERY  MUSTARD	 SESAME	 VEGETARIAN  VEGAN
Roasted Beetroot & goat cheese salad - 1 Serving	12.95	656Kcal	 WHEAT  MILK  SULPHITES		 VEGETARIAN
Cobb Salad - 1 Serving	14.95	677Kcal	 WHEAT  EGGS  MILK  MUSTARD	 SESAME	
Extra Halloumi - 1 Serving	3.95	406Kcal	 MILK		 VEGETARIAN
Extra Chicken - 1 Serving	3.95	191Kcal			
House Salad - 1 Serving	2.95	54Kcal	 MUSTARD	 SESAME	 VEGETARIAN  VEGAN
Chunky chips - 1 Serving	3.95	899Kcal	 EGGS  CELERY		 VEGETARIAN  VEGAN
Chips & Cheese - 1 Serving	4.95	925Kcal	 EGGS  MILK  CELERY		 VEGETARIAN

Lime and Herbs Crusted Salmon - 1 Serving	17.95	1237Kcal	 WHEAT	 MILK	 FISH				
10oz Rump Steak - 1 Serving	19.95	501Kcal	 EGGS	 CELERY					
Chimichuri sauce - 1 Serving	1.50	119Kcal	 SULPHITES						
Pepper sauce - 1 Serving	1.50	225Kcal	 MILK					 VEGETARIAN	
Bernaise sauce - 1 Serving	1.50	158Kcal	 EGGS	 MILK				 VEGETARIAN	
Garlic Bread - 1 Serving	4.95	663Kcal	 WHEAT, BARLEY, RYE	 MILK		 HAZELNUTS, ALMONDS, CASHEWS	 SESAME	 VEGETARIAN	
Garlic Bread & Cheese - 1 Serving	5.95	869Kcal	 WHEAT, BARLEY, RYE	 MILK		 HAZELNUTS, ALMONDS, CASHEWS	 SESAME	 VEGETARIAN	
Lamb Rump - 1 Serving	19.95	655Kcal		 MILK					
Steak Sandwich Excel - 1 Serving	12.95	1053Kcal	 WHEAT, BARLEY, RYE	 EGGS	 MILK	 CELERY	 HAZELNUTS, ALMONDS, CASHEWS	 SESAME	
			 MUSTARD	 SULPHITES					
Vegan Margeritta pizza - 1 Serving	£11.95	960Kcal	 WHEAT			 HAZELNUTS, ALMONDS, CASHEWS	 SESAME		
Chicken Parmigiana - 1 Serving	14.95	1131Kcal	 WHEAT	 MILK		 MUSTARD	 SOYA		
12' pepperoni pizza - 1 Serving	£12.95	1115Kcal	 WHEAT	 MILK		 HAZELNUTS, ALMONDS, CASHEWS	 SESAME		
Buffalao Chicken pizza - 1 Serving	£14.95	1146Kcal	 WHEAT	 EGGS	 MILK	 MUSTARD	 HAZELNUTS, ALMONDS, CASHEWS	 SESAME	
Meat feast pizza - 1 Serving	£15.95	1196Kcal	 WHEAT	 MILK		 HAZELNUTS, ALMONDS, CASHEWS	 SESAME		
Goats cheese pizza - 1 Serving	£12.95	935Kcal	 WHEAT	 MILK	 SULPHITES	 HAZELNUTS, ALMONDS, CASHEWS	 SESAME		
Waffles - 1 Serving	6.95	735Kcal	 WHEAT	 EGGS	 MILK	 SOYA		 VEGETARIAN	

Vanilla ice cream - 1 Serving	3.95	418Kcal	 MILK		 VEGETARIAN			
Tiramisu - 1 Serving	6.95	297Kcal	 WHEAT	 EGGS	 MILK	 SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	 VEGETARIAN
Banoffee Cheesecake - 1 Serving	7.95	469Kcal	 EGGS	 MILK	 SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, PISTACHIOS	 VEGETARIAN	
Chocolate truffle Tort - 1 Serving	6.95	348Kcal	 OATS	 SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	 PEANUTS		